

# HEALTHY HOSPITALS INITIATIVE NEW MEXICO

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## PARTNERS



## HEALTHY HOSPITALS INITIATIVE (HHI) OVERVIEW


- Project Goal – Increase healthy eating and physical activity opportunities in New Mexico Hospitals for employees and visitors that may prevent chronic diseases
- Healthy Role Model Effect!
- Create Healthy Environments!
- Healthy Choice the Easy Choice!

## HEALTHY HOSPITALS INITIATIVE (HHI) OVERVIEW

### Project Objectives

- Create a steering committee to guide project efforts
- Establish baseline data on current hospital nutrition & physical activity policies (observational scans)
- Establish hospital employee baseline data on dietary and physical activity behaviors (anonymous and voluntary behavioral survey)
- Provide support and reporting mechanisms on initiative via ENM Tele health sessions
- Engage healthcare community to participate in programs that support environmental and system changes
- Advance policy recommendations that increase opportunities for healthy eating and more physical activity among hospital personnel and visitors

# DATA COLLECTION PROTOCOL ADHERENCE

- Your Role!
  - Data collectors at NM hospitals
    - PA and Dietary Environmental Scans
  - We will prepare you for this role (4/15)
  - Data collected in May thru July 2015
  - We are available for TA when you are in the field
  - U R 
- GIGO!      Accountability      Professional Ethic
- When we all follow the same procedures, we increase the quality of the data and the story it tells!
- Electronic data collection with paper back up

## Questions, Crossfire, Discussion

